Weekly Meal Plan

WH	IAT'S COOKING	3?		SHOPPING I
	breakfast	lunch	dinner	
SUNDAY				
SC	breakfast	lunch	dinner	
MONDAY				
Θ W				
	breakfast	lunch	dinner	
TUESDAY				
JA≺	breakfast	lunch	dinner	
WEDNESDAY				
>	breakfast	lunch	dinner	
SDAY				
THURSDAY				
	breakfast	lunch	dinner	
⋛				
FRIDAY				
	breakfast	lunch	dinner	
RDAY				
SATURDAY				

SHC	OPPING LIST	